



CERTIFICATE

OF PARTICIPATION

This is to certify that

Don Rukanda

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 04:20:43

PACE 06:12/km

GENDER 154 of

563

OVERALL 189 of 834

40+ 36 of 161

08 July 2023, Sat

Date

out Lime

